

MFNU

SALADS

\$14.95 | half \$8 Gorgonzola Walnut

baby greens, tomatoes, gorgonzola, candied walnuts, citrus vinaigrette

\$ 12.95 | half \$7 Caesar

romaine, croutons, parmesan, creamy caesar dressing

Warm Goat Cheese* \$ 14 95

baby greens, tomatoes, red onion, breaded goat cheese patty, balsamic vinaigrette

Jill's Big Salad \$ 15.95 | half \$9

arugula, romaine, cabbage, pepitas, pistachios, cheddar, snap peas & green onions, avocado, balsamic drizzle

\$17.95 Cobb*

romaine, spicy bacon, turkey, egg, avocado. cheddar, red onion, ranch or bleu cheese

Chinese Chicken \$ 14.95 | half \$8

romaine, tomatoes, snap peas & green onions, sliced almonds, rice noodles, mandarin, sesame ginger vinaigrette

*Not available as a side salad

FRESCO FAVORITES

choice of soup or salad

\$15.95 **Turkey Burger**

housemade turkey burger, sundried tomato aioli, avocado, red onion, tomato, lettuce, choice of cheese

Veggie Burger \$13.95

housemade lentil & veggie burger, sudnried tomato aioli, lettuce, tomato, red onion, avocado, choice of cheese

BBQ Chicken Hot Wrap \$15.95

grilled chicken, anaheim pepper, tomato, cheddar, avocado, cabbage, BBQ sauce

Seared Ahi Wrap \$17.95

ahi tuna, lettuce, avocado, red onion, tomato, pepperoncini, balsamic vinaigrette

Caprese Sandwich \$15.95

fresh sliced mozzarella, tomato, basil, sundried tomato pesto, olive oil and a balsamic drizzle

KIDS MENU \$6.95

Grilled Cheese

Ouesadilla

Turkey Sandwich

mayo, choice of cheese and bread

SANDWICHES

Bread: sourdough, whole grain, bolillo, ciabatta, brioche

Cheese: cheddar, smoked mozzarella, brie, gorgonzola, provolone, american

\$16.95 Turkey

roasted turkey, avocado, choice of cheese, lettuce, tomato, sundried tomato aioli

RIT \$15.95

smoked bacon, lettuce, tomato, mayo

Tuna Salad \$16.95

Wild Planet tuna, celery, onion, mayo, lettuce, tomato

Chicken Salad \$15.95

chicken, celery, onion, mayo, lettuce, tomato

The Grinder (hot or cold) \$18.95

salami, ham, mortadella, provolone, pepperoncini, roasted red pepper, tomatoes, red onion and Italian dressing

choice of soup or salad with sandwiches

GRILLED SANDWICHES

Chicken & Smoked Mozzarella \$16 95

chicken, roasted red pepper, smoked mozzarella, sourdough

The Beach \$16.95

chicken, cheddar, avocado, tomato, cabbage, chipotle aioli, sourdough

\$15.95 Grownup Grilled Cheese

brie, blue cheese, fig jam, grilled sourdough, sweet or hot honey drizzle

COMBOS

Quiche of the Day + Soup \$15.95 or Side Salad

Twosome \$14.95

Half sandwich + soup or side salad

Threesome \$18.95

Half sandwich + soup + side salad (wraps & burgers excluded)

\$12.95 Soup & Side Salad

Soup + Bread & Butter

\$6.95

ADD-ONS

Bacon \$4 | Fried Egg \$3 | Ahi Tuna \$9 |

Scoop Chicken Salad \$7 | Scoop Tuna Salad \$8 | Breaded Goat Cheese Patty \$5 | Avocado \$3 |

Grilled Chicken \$8